

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

June 2019

The Kensington Falls Church – Assisted Living

<h1>June 2019</h1> <h2>The Kensington Falls Church – Assisted Living</h2>							<p>9:30am Falls Church Farmers Market 11:00am Brain Exercise 1:30pm Table Top Bowling w/ Team Members in the Café 2:00pm Afternoon Documentary 3:30pm Ice Cream Sundaes 4:00pm Happy Hour & Live Music 6:45pm Evening Film</p>
<p>9:30am Shuttle Bus to Church 2 10:00am Exercise with Quin 11:00am The Great Courses: Concert Masterworks 1:30pm The Brain Workout Quiz Book 2:00pm Afternoon Documentary 3:00pm Shopping Outing ~ Target 4:00pm Happy Hour & Live Music</p>	<p>10:00am Morning Yoga with Dana 3 11:00am The Great Courses: Experiencing America (Video Lecture) 11:15am Brain Exercise 1:30pm Nail Polish on the 5th 2:00pm Afternoon Documentary 3:00pm Uno in the Café 4:00pm Happy Hour & Live Music 6:45pm Evening Film</p>	<p>9:30 Morning Walk 4 10:00am Exercise w/ Genesis 10:30am Upton Hill Mini Golf 11:00am The Beat Goes On 1:30pm Board Games w/ Team Members 2:00pm Afternoon Documentary 3:00pm Jeopardy Game 4:00pm Happy Hour & Live Music 6:30pm Rummikub</p>	<p>9:30 Morning Walk 5 10:00am Morning Yoga w/ Lynnette 10:30am Parkinson Club 10:30am Nationals Game 1:30pm Word Game w/Team Members 1:30pm Shabbat Services 2:00pm Afternoon Documentary 3:00pm Art Class 4:00pm Happy Hour & Live Music</p>	<p>9:15am Morning Walk 6 9:55 Morning Meditation 10:00am Exercise w/ Genesis 12:00pm Men's Pizza and Beer 1:30pm Pool Game on the 5th w/ Team Members 2:00pm Afternoon Documentary 3:00pm Crafts 4:00pm Happy Hour & Live Music 6:45pm Evening Film</p>	<p>10:00am Bananagrams 7 10:45am Botanical Gardens - DC 10:30am Energize Fitness 1:30pm Word Game with Team Members 2:00pm Afternoon Documentary 2:30pm Nail Painting 4:00pm Happy Hour & Live Music 6:45pm Evening Film</p>	<p>9:30am Falls Church Farmers Market 8 11:00am Brain Exercise 1:30pm Table Top Bowling w/ Team Members in the Café 2:00pm Afternoon Documentary 2:00pm Scenic Ride 3:30pm Ice Cream Sundaes 4:00pm Happy Hour & Live Music 6:45pm Evening Film</p>	
<p>9:30am Shuttle Bus to Church 9 10:00am Exercise with Quin 11:00am The Great Courses: Concert Masterworks 1:30pm The Brain Workout Quiz Book 2:00pm Afternoon Documentary 3:00pm Shopping Outing ~ CVS 4:00pm Happy Hour & Live Music 6:45pm Evening Film</p>	<p>10:00am Morning Yoga with Dana 10 11:00am The Great Courses: Experiencing America (Video Lecture) 11:15am Brain Exercise 1:30pm Nail Polish on the 5th 2:00pm Afternoon Documentary 3:00pm Sherlock Holmes Puzzles 4:00pm Happy Hour & Live Music 6:45pm Evening Film</p>	<p>9:30 Morning Walk 11 10:00am Exercise w/ Genesis 11:00am Marshall HS Symphonic Band Performance 1:30pm Board Games w/ Team Members 2:00pm College Park Aviation Museum Presentation 2:00pm Afternoon Documentary 3:00pm Family Feud in the Café</p>	<p>10:00am Morning Yoga w/ Lynnette 12 10:30am Parkinson Club 11:00am Morning Walk 1:30pm Word Game with Team Members 2:00pm Ladies Tea and Pastries 2:00pm Afternoon Documentary 4:00pm Happy Hour & Live Music 6:45pm Evening Film 6:45pm Family Bingo Night</p>	<p>9:30 Morning Walk 13 10:00am Exercise W/ Genesis 10:45am Restaurant Outing – Portofino 1:30pm Pool Game on the 5th w/ Team Members 2:00pm Afternoon Documentary 3:00pm Catholic Communion 3:00pm Crafts 4:00pm Happy Hour & Live Music</p>	<p>10:00am Bananagrams 14 10:30am Energize Fitness 1:30pm Word Game with Team Members 2:00pm Afternoon Documentary 2:30pm Natalie's Presentation 2:30pm Nail Painting 4:00pm Happy Hour & Live Music 6:45pm Evening Film <small>Flag Day (US)</small></p>	<p>9:30am Falls Church Farmers Market 15 11:00am Brain Exercise 1:30pm Table Top Bowling w/ Team Members in the Café 2:00pm Afternoon Documentary 3:30pm Ice Cream Sundaes 4:00pm Happy Hour & Live Music 6:45pm Evening Film</p>	
<p>8:30am Doughnuts for Dad's 16 9:30am Shuttle Bus to Church 10:00am Exercise with Quin 11:00am The Great Courses: Concert Masterworks 1:30pm The Brain Workout Quiz Book 2:00pm Afternoon Documentary 3:00pm Shopping Outing ~ Trader Joe's <small>Father's Day</small></p>	<p>10:00am Morning Yoga with Dana 17 11:00 The Great Courses: Experiencing America (Video Lecture) 11:15am Brain Exercise 1:30pm Nail Polish on the 5th 2:00pm Afternoon Documentary 3:00pm You Be the Judge 4:00pm Happy Hour & Live Music 6:45pm Evening Film</p>	<p>9:30 Morning Walk 18 10:00am Exercise w/ Genesis 11:00am Flower Club 1:30pm Board Games w/ Team Members 2:00pm Library Outing 2:00pm Afternoon Documentary 3:00pm Blackjack in the Café 4:00pm Happy Hour & Live Music 6:30pm Rummikub</p>	<p>10:00am Morning Yoga w/ Lynnette 19 10:30am Parkinson Club 1:30pm Word Game with Team Members 1:30pm Shabbat Services 2:00pm Afternoon Documentary 3:00pm Art Class 4:00pm Happy Hour & Live Music 6:45pm Evening Film 6:45pm Family Bingo Night</p>	<p>9:55 Morning Meditation 20 10:00am Exercise w/ Genesis 11:00am Dr. Earley Presentation 1:30pm Pool Game on the 5th w/ Team Members 2:00pm Afternoon Documentary 2:30pm Afternoon Walk 3:00pm Catholic Communion 3:30pm Crafts 4:00pm Happy Hour & Live Music</p>	<p>10:00am Bananagrams 21 10:30am Energize Fitness 10:45am Restaurant Outing – Mount Vernon Inn 1:30pm Word Game with Team Members 2:00pm Afternoon Documentary 2:30pm Nail Painting 4:00pm Happy Hour & Live Music 6:45pm Evening Film <small>Juneteenth Begins</small></p>	<p>9:30am Falls Church Farmers Market 22 11:00am Brain Exercise 1:30pm Table Top Bowling w/ Team Members in the Café 2:00pm Afternoon Documentary 2:00pm Scenic Ride 3:30pm Ice Cream Sundaes 4:00pm Happy Hour & Live Music 6:45pm Evening Film</p>	
<p>9:30am Shuttle Bus to Church 23 10:00am Exercise with Quin 11:00am The Great Courses: Concert Masterworks 1:30pm The Brain Workout Quiz Book 2:00pm Afternoon Documentary 3:00pm Shopping Outing ~ Harris Teeter 4:00pm Happy Hour & Live Music</p>	<p>10:00am Morning Yoga with Dana 24 11:00am Book Club 11:00 The Great Courses: Experiencing America (Video Lecture) 1:30pm Nail Polish on the 5th 2:00pm Afternoon Documentary 3:00pm Brain Exercise 4:00pm Happy Hour & Live Music 6:45pm Evening Film</p>	<p>9:30 Morning Walk 25 10:00am Exercise w/ Genesis 11:00am Brain Exercise 1:00pm Movie Outing 1:30pm Board Games with Team Members 2:00pm Afternoon Documentary 3:00pm Trivia in the Café 4:00pm Happy Hour & Live Music 6:30pm Rummikub</p>	<p>9:30 Morning Walk 26 10:00am Morning Yoga w/ Lynnette 10:30am Parkinson Club 11:00am Elaine Flynn – Mary Pickford 1:30pm Word Game with Team Members 2:00pm Afternoon Documentary 3:00pm Art Class 4:00pm Happy Hour & Live Music</p>	<p>9:30 Morning Walk 27 10:00am Exercise W/ Genesis 11:00am Resident Council 1:30pm Pool Game on the 5th w/ Team Members 2:00pm Afternoon Documentary 3:00pm Catholic Communion 3:30pm Crafts – Jewelry Making 4:00pm Happy Hour & Live Music 6:45pm Evening Film</p>	<p>10:00am Bananagrams 28 10:30am Energize Fitness 10:45am Restaurant Outing – Busboys and Poets 1:30pm Word Game with Team Members 2:00pm Afternoon Documentary 2:30pm Nail Painting 4:00pm Happy Hour & Live Music 6:45pm Evening Film</p>	<p>9:30am Falls Church Farmers Market 29 11:00am Brain Exercise 1:30pm Table Top Bowling w/ Team Members in the Café 2:00pm Afternoon Documentary 3:30pm Ice Cream Sundaes 4:00pm Happy Hour & Live Music 6:45pm Evening Film</p>	
<p>9:30am Shuttle Bus to Church 30 10:00am Exercise with Quin 11:00am The Great Courses: Concert Masterworks 1:30pm Brain Workout Quiz Book 2:00pm Afternoon Documentary 3:00pm Shopping Outing ~ Target 4:00pm Happy Hour & Live Music 6:45pm Evening Film</p>	<p>*Activities are Subject to Change</p>						