

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

May 2019

Assisted Living Calendar

			<p>10:00am Morning Yoga w/ Lynnette 10:30am Parkinson Club 11:00am Morning Walk 1:30 Word Game with Team Members 2:00pm Afternoon Documentary 3:00pm Art Class 3:30 The Sound of Music - Play 4:00pm Happy Hour & Live Music 6:45pm Evening Film 6:45pm Family Bingo Night <small>May Day</small></p>	<p>10:00am Exercise W/ Genesis 11:00am Morning Walk 12:00pm Men's Pizza and Beer 1:30pm Table Top Bowling w/Team Members in the Café 2:00pm Afternoon Documentary 2:30 Afternoon Walk 3:00pm Crafts~ Jewelry Making 4:00pm Happy Hour & Live Music 6:45pm Evening Film</p>	<p>10:00 – Bananagrams 10:30 – Smithsonian National Museum of Natural History 10:30am Energize Fitness 1:30 Word Game with Team Members 2:00pm Afternoon Documentary 2:00pm Nail Painting 4:00pm Happy Hour & Live Music 6:45pm Evening Film</p>	<p>9:30am Falls Church Farmers Market 11:00am Brain Exercise 1:30pm Table Top Bowling w/Team Members in the Café 2:00pm Afternoon Documentary 3:30pm Ice Cream Sundae 4:00pm Happy Hour & Live Music 6:45pm Evening Film</p>
<p>9:30am Shuttle Bus to Church 10:00am Exercise with Quin 11:00am The Great Courses: The American Civil War (Video Lecture) 1:30 Activities Meeting 2:00pm Afternoon Documentary 3:00pm Shopping Outing ~ Trader Joe's 4:00pm Happy Hour & Live Music 6:45 Evening Film <small>Cinco de Mayo</small></p>	<p>10:00am Morning Yoga with Dana 11:00 The Great Courses: Experiencing America (Video Lecture) 1:30pm Nail Polish on the 5th with Team Members 1:30pm Catholic Rosary 2:00pm Afternoon Documentary 3:00pm Uno in the Café 4:00pm Happy Hour & Live Music w/Barbara 6:45pm Evening Film</p>	<p>10:00am Exercise w/ Genesis 11:00 How Many Words 1:30pm Board Games with Team Members 1:30 Shabbat with the Rabbi 2:00pm Afternoon Documentary 2:30 Afternoon Walk 3:00pm Jeopardy 4:00pm Happy Hour & Live Music 6:30pm Rummikub 6:45pm Evening Film</p>	<p>10:00am Morning Yoga w/ Lynnette 10:30am Parkinson Club 11:00am Morning Walk 1:30 Word Game with Team Members 2:00 Ladies Tea and Pastries 2:00pm Afternoon Documentary 4:00pm Happy Hour & Live Music 6:45pm Evening Film 6:45pm Family Bingo Night</p>	<p>10:00am Exercise W/ Genesis 10:45am Restaurant Outing – Coastal Flats 11:00am Morning Walk 1:30pm Table Top Bowling w/Team Members in the Café 2:00pm Afternoon Documentary 3:00pm Catholic Communion 3:00pm Crafts – Corsage and Boutonnieres 4:00pm Happy Hour & Live Music 6:45pm Evening Film</p>	<p>10:00 – Bananagrams 10:30 Meadowlark Botanical Gardens 10:30am Energize Fitness 1:30 Word Game with Team Members 2:00pm Afternoon Documentary 2:00pm Nail Painting 4:00pm Happy Hour & Live Music 6:45pm Evening Film</p>	<p>9:30am Falls Church Farmers Market 11:00am Brain Exercise 1:30pm Table Top Bowling w/Team Members in the Café 2:00pm Afternoon Documentary 3:00 SENIOR PROM: MASQUERADE BALL 6:45pm Evening Film</p>
<p>9:30am Shuttle Bus to Church 10:00am Exercise with Quin 11:00am The Great Courses: The American Civil War (Video Lecture) 2:00pm Afternoon Documentary 3:00pm Shopping Outing ~ Whole Foods 4:00pm Happy Hour & Live Music 6:45 Evening Film <small>Mother's Day</small></p>	<p>10:00am Morning Yoga with Dana 10:45am Restaurant Outing – Mt. Vernon Inn 11:00 The Great Courses: Experiencing America (Video Lecture) 1:30pm Nail Polish on the 5th with Team Members 1:30pm Catholic Rosary 2:00pm Afternoon Documentary 3:00pm Sherlock Holms Puzzles 4:00pm Happy Hour & Live Music</p>	<p>10:00am Exercise w/ Genesis 11:00am The Beat Goes On; Drum Circle 1:30pm Board Games with Team Members 2:00pm Afternoon Documentary 3:00pm Library Outing 4:00pm Family Feud in the Café 4:00pm Happy Hour & Live Music 6:30pm Rummikub 6:45pm Evening Film</p>	<p>10:00am Morning Yoga w/ Lynnette 10:30am Parkinson Club 11:00am Morning Walk 1:30 Word Game with Team Members 2:00pm Afternoon Documentary 3:00pm Art Class 4:00pm Happy Hour & Live Music 6:45pm Evening Film 6:45pm Family Bingo Night</p>	<p>10:00am Exercise W/ Genesis 10:30am Merritt Academy Visit 11:30am Morning Walk 1:30pm Table Top Bowling w/Team Members in the Café 2:00pm Afternoon Documentary 3:00pm Catholic Communion 3:30pm Crafts ~ 4:00pm Happy Hour & Live Music 6:45pm Evening Film</p>	<p>10:00 - Bananagrams 10:30am Energize Fitness 10:30am Restaurant Outing – Café Deluxe 1:30 Word Game with Team Members 2:00pm Nail Painting 2:30pm Natalie's Presentation – Celebrate Netherlands: Tulips, Windmills, Cheese, and More! 4:00pm Happy Hour & Live Music 6:45pm Evening Film</p>	<p>9:30am Falls Church Farmers Market 11:00am Brain Exercise 1:30pm Table Top Bowling w/Team Members in the Café 2:00pm Afternoon Documentary 2:00pm Scenic Ride 3:30pm Ice Cream Sundae 6:45pm Evening Film <small>Armed Forces Day</small></p>
<p>9:30am Shuttle Bus to Church 10:00am Reps and Sets with Quin 11:00am The Great Courses: The American Civil War (Video Lecture) 2:00pm Afternoon Documentary 3:00pm Shopping Outing ~ CVS 4:00pm Happy Hour & Live Music 6:45 Evening Film</p>	<p>10:00am Morning Yoga with Dana 11:00 The Great Courses: Experiencing America (Video Lecture) 11:00am Book Club 1:30pm Nail Polish on the 5th with Team Members 1:30pm Catholic Rosary 2:00pm Afternoon Documentary 3:00pm You Be the Judge 4:00pm Happy Hour & Live Music 6:45pm Evening Film</p>	<p>10:00am Exercise w/ Genesis 11:00am Flower Club 1:30pm Board Games with Team Members 1:30 Shabbat with the Rabbi 2:00pm Afternoon Documentary 2:30pm Afternoon Walk 3:00pm Poker in the Café 4:00pm Happy Hour & Live Music 6:30pm Rummikub 6:45pm Evening Film</p>	<p>8:00am Men's Breakfast with Tahar 10:00am Morning Yoga w/ Lynnette 10:30am Parkinson Club 11:00am Morning Walk 11:30am Movie Outing 1:30 Word Game with Team Members 2:00pm Afternoon Documentary 3:00pm Art Class 4:00pm Happy Hour & Live Music 6:45pm Evening Film</p>	<p>10:00am Exercise W/ Genesis 11:00am Dr. Earley Presentation 1:30pm Table Top Bowling w/Team Members in the Café 2:00pm Afternoon Documentary 2:30pm Afternoon Walk 3:00pm Catholic Communion 3:30pm Crafts ~ 4:00pm Happy Hour & Live Music 6:45pm Evening Film</p>	<p>10:00 - Bananagrams 10:30am Energize Fitness 10:30am Restaurant Outing – Haandi 1:30 Word Game with Team Members 2:00pm Afternoon Documentary 2:00pm Nail Painting 4:00pm Happy Hour & Live Music 6:45pm Evening Film</p>	<p>9:30am Falls Church Farmers Market 11:00am Brain Exercise 1:30pm Table Top Bowling w/Team Members in the Café 2:00pm Afternoon Documentary 2:00pm Scenic Ride 3:30pm Ice Cream Sundae 6:45pm Evening Film</p>
<p>9:30am Shuttle Bus to Church 10:00am Reps and Sets with Quin 11:00am The Great Courses: The American Civil War (Video Lecture) 2:00pm Afternoon Documentary 3:00pm Shopping Outing ~ Target 4:00pm Happy Hour & Live Music 6:45 Evening Film</p>	<p>10:00am Morning Yoga with Dana 11:00 The Great Courses: Experiencing America (Video Lecture) 1:30pm Nail Polish on the 5th 1:30pm Catholic Rosary 2:00pm Afternoon Documentary 3:00pm You Be the Judge 4:00pm Happy Hour & Live Music 6:45pm Evening Film MEMORIAL DAY BBQ <small>Memorial Day</small></p>	<p>10:00am Exercise w/ Genesis 11:00am College Park Aviation Museum Presentation 1:30pm Board Games w/Team Members 2:00pm Afternoon Documentary 2:00pm Library Outing 3:00pm Trivia in the Café 4:00pm Happy Hour & Live Music 6:30pm Rummikub 6:30pm Family Support Group 6:45pm Evening Film</p>	<p>10:00am Morning Yoga w/ Lynnette 10:45am Morning Walk 11:00am Cooking 1:30 Word Game with Team Members 2:00pm Afternoon Documentary 3:00pm Community Scrapbook 4:00pm Happy Hour & Live Music 6:45pm Evening Film 6:45pm Family Bingo Night</p>	<p>10:00am Exercise W/ Genesis 11:00am Resident Council 1:30pm Table Top Bowling w/Team Members in the Café 2:00pm Afternoon Documentary 2:30pm Afternoon Walk 3:00pm Catholic Communion 3:30pm Crafts ~ 4:00pm Happy Hour & Live Music 6:45pm Evening Film</p>	<p>10:00 - Bananagrams 10:30am Energize Fitness 10:30am Restaurant Outing – Carlyle 1:30 Word Game with Team Members 2:00pm Afternoon Documentary 2:00pm Nail Painting 4:00pm Happy Hour & Live Music 6:45pm Evening Film</p>	